

# ***Mushroom Workshops 05***

## **Getting to Know Mushrooms, Their Diversity, and Their Uses**

This fall I am offering three, weekend long, mushroom foraging workshops. The workshops will be held at two beautiful locations. Cabins, group cooking and meeting facilities are provided. Come prepared with sleeping bag, and food for the weekend. Our potluck style dinners will feature some of the fungal fructifications we forage. Participants will learn basic safe and sane identification and foraging skills as well as about the edibility and other uses of Mushrooms and Lichens. People are encouraged to arrive and settle in on Friday. Additional accommodations can be found in near by towns. Workshops begin 09:00 am on Saturday and Sunday.

### **Workshop #'s 1 & 3 - Fungal Foraging by the Sea**

**Sherwood Forest Camp:** Sept 30th - Oct 2<sup>nd</sup> & Nov 4th - 6th: Workshop will be held on southwest Washington's, Long Beach Peninsula. The site is twelve miles north of the town of Long Beach on the Willapa Bay side of the peninsula. This camp has cabins in various degrees of renovation, a central cooking and gathering house, as well as a sauna and showers. Other camping space is also plentiful. There is a possibility that one of the foraging outings will involve a boat trip. Dyeing (not dying) with mushrooms and Lichens may also be included in the workshop. There could be some oyster and clam picking as well.

### **Workshop # 2 - Mushrooming for Food, for Form and for Dye Making**

**Lobster Valley:** Oct 21<sup>st</sup> - 23<sup>rd</sup> : Workshop is held on a willow farm and home of the Ancient Arts and Technologies learning and workshop center. It is located in Lobster Valley twelve miles out of the tiny town of Alsea in Oregon's coastal mountains. Lodging will be in cabins and a yurt. There is a central cooking and meeting house. There is also space for camping. Additional instruction on dyeing (not dying) with mushrooms and lichens is also offered.

**Instructor,** Richard Gaines: Has over twenty five years experience identifying and foraging for mushrooms; has college mycology background; has been an active member of mushrooming and mycology clubs and organizations including;

South Sound Mushroom Club (SSMC)  
North American Truffeling Society (NATS)  
North American Mycological Association (NAMA)

He also is associated with well known mushroomers and mycologists such as Paul Stamets, James Trappe, and David Pilz, and was among of the first people in Olympia WA to own a copy of Mushrooms Demystified !!!

Additional instructor (workshop # 2) Margaret Mathewson, from Lobster Valley: Has a Ph.D. in ethnobotany specializing in fiber arts, has many years experience teaching primitive technologies and keeps an exceptional, diverse, and productive garden landscape on her willow farm. <[ancientartsandtech.com](http://ancientartsandtech.com)>

### **Cost, Contact and Registration**

The cost of these seminars is \$100 per participant. A \$ 20 deposit will assure you a spot. Group size is limited and is on a first come first serve basis. For motivated individuals alternate payment

arrangements are possible. Dogs are discouraged. For questions call workshop sites; Sherwood Forest, 360 665-4733 or 360 665-4750 - Lobster Valley, 541 486-4311

**For registration**, information and directions, contact me, **Richard Gaines** at:

**360 753-2947** or [rgaines3@earthlink.net](mailto:rgaines3@earthlink.net).